

FAMILY RESOURCES

*****Accepts Medicaid**

24 Hour Crisis Hotline: 1-800-339-5209

24 Hour Domestic Violence Hotline: 1-888-945-3970

24 Hour Text Line: text HOME to 988

Child Abuse Hotline: 1-800-342-3720

NAMI Teen & Young Adult Helpline

Text "Friend" to 62640

Chat at nami.org/talktous

Call 1-800-950-6264

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation) (Special Education transition services for college and employment) **(716) 848-8001 or 1-888-652-7062** Buffalo District Office: 508 Main Street Buffalo, NY 14202, State Level Offices: 1-800-222-5627, www.acces.nysed.gov/vr Olean Representative Katie **(716) 848-8077**

ACCORD (Allegany County Community Opportunity & Rural Development) (housing, childcare, & other services in Allegany County) **(585) 268-7605** 84 Schuyler Street Belmont NY

*****Autism Spectrum Disorder Center** (Resources, support groups & workshops for families with Autism) **(716) 323-6560** 1001 Main Street Buffalo NY

Big Brother/Big Sister (Mentor programs for at risk Youth) **(716) 480-9614** 732 Front Street Olean (Main office is in Buffalo)

*****BestSelf Behavioral Health** (Mental health counseling ages 4 and up) **(716) 842-0440** 255 Delaware Avenue Buffalo NY 14201

B.O.C.E.S. (adult ed, vo-tech, trainings) **(716) 376-8300** 1825 Windfall Road Olean

Bonaresponds (community service group at SBU) <https://www.sbu.edu/life-at-sbu/students-giving-back>

Bright Alternatives: The Center for New Hope (parenting classes, peer counseling, free cribs, pregnancy tests, diapers), **(814) 368-3388** 641 S. Unios Street Olean NY brightalternatives.org

Break Free Foundation (assistance with recovery) **(570) 369-0325** breakfreefoundation.org

*****Buffalo Neuropsychology** (neuropsych diagnosis and treatment planning) **(716) 690-2560** DeGraff Memorial Hospital 445 Tremont Street Suite 331, North Tonawanda NY 14120

Dr. Santa Maria & Dr. Englert

Canticle Farm Market (fresh produce market) **(716) 373-0200** 3809 Old State Road Allegany, New York 14760 (Market every Tuesday 1-6 PM), also at the Olean Farmers Market at Lincoln Park Saturdays from 8 AM- 1 PM May through September.

*****CASA Trinity** (Addictions) **(716) 373-5202** (also provides prevention programs and screenings) 201 S. Union Street Olean

*****Catholic Charities** (Counseling & other services) **(716) 372-0101** 2626 West State Street Olean

CCA (Cattaraugus Community Action, Connecting Communities in Action) (many programs with energy & housing, transitions, Victim Services, Resilient & Healthy families) **(716) 945-1041** 25 Jefferson Street Salamanca

Cattaraugus County Child Care Unit/Day Care Unit (Daycare assistance) **(716) 373-8070**
1 Leo Moss Drive Olean

Cattaraugus County Child Protection Services (concerns for children with abuse or neglect) **(716) 373-8070** 1 Leo Moss Drive Olean

*****Cattaraugus County Community Services** (Crisis Counseling & Mental Health Counseling) Olean **(716) 373-8040**, Salamanca **(716) 945-5211**, Machias **(716) 353-8241**
1 Leo Moss Drive Olean

***** Cattaraugus County Community Services Medication Clinic:** (medication management) **(716) 701-3379** 1 Leo Moss Drive Olean

*****Cattaraugus County Community Services Foundations for Change** (Counseling services for adults & transitioning teens) **(716) 373-8080** 203 Laurens Street Olean

Cattaraugus County One Stop Career Center (Labor Dept & resources, assessments & workshops, High School Equivalency classes) **(716) 375-2890** 175 N. Union Street Olean

Cattaraugus County Probation Department (PINS, JD, FOCUS) **(716) 373-8047** 1 Leo Moss Drive Olean Intake Coordinator: Gerald Embs **Olean School Contact: Kelly Jordan**
(716) 375-8038

Cattaraugus County Health Department (variety of health related services) **(716) 373-8050**

Cattaraugus County Public Defenders Office (legal) **(716) 373-0004** 175 N. Union Street Olean

Cattaraugus County Social Services (Variety of services) **(716) 373-8070**, for emergency shelter needs: **(716) 373-8065** 1 Leo Moss Drive Olean

Cattaraugus County Youth Bureau (Director, Cathy Mackay) **(716) 938-2601**

Cattaraugus County Youth Court (Coordinator, Alison Crosson, referral only) **(716) 938-2617**

Chataugua County Safe House (shelter for runaway children or homeless children up to age 17) 16 East 6th Street Jamestown **1-866-877-9647**

Child Advocacy Center (CAC) (Physical or sexual abuse under 18. Referral must come from Police or CPS) **716-372-8532** 772 Main Street Olean

Christian Intervention Program (A Christian alternative for addictions for teens and/or adults) (716) 307-2520 United Pentecostal Church 1100 Homer Street Olean

*****CHUNNY (Children's Health Home of Upstate New York)** (Home Health Care Management Program, eligibility requirement) (855) 209-1142 1099 Jay St. Building J 3rd floor Rochester

*****Clarity Wellness Community Counseling Center** (Counseling services age 5 and up) (585) 593-6300 4220 State Rte 417W Wellsville, NY 14895

Cornell Cooperative Extension (nutrition education programs) (716) 699-2377 28 Parkside Drive Ellicottville

CPH Mental Health Services (Center for Psychosexual Health) (Counseling for gender related issues, trauma and general counseling, for adolescents and adults, self pay only) (716) 322-6394 737 Delaware Ave., Suite 216 Buffalo, NY

CSPOA (Children's Single Point of Access) (referral system for children with an emotional disability) (716) 373-0980 ext 5401 applications are faxed to (716)372-2965 212 Laurens Street Olean

*****Dent Neurological Institute** (Neurological services) (716) 250-2000 3980 Sheridan Drive Amherst NY or 200 Sterling Drive Orchard Park

Directions for Independent Living (multiple services for children, adolescents & adults with disabilities) (716) 373-4602 515 West State Street Olean

EFNEP (Expanded Food & Nutrition Education Program) (Family nutrition Assistance) (716) 699-2377 Cornell Cooperative Extension 28 Parkside Drive Ellicottville

EPIC (Every Person Influences Children) (A place for all families to learn, play & grow together) (716) 2893490 79 River Street Salamanca, NY 14770

Farm Net: NYFarmnet.org (free & confidential services for framers)

1-800-547-3267

Family Voice Advocacy Group (community group working on barriers to services, eliminating the "us vs. them") For more information or to join email maball@cattco.org

Front Door (assistance for OPWDD paperwork/process) **1-800-487-6310**

Genesis House (emergency homeless shelters in Olean) (716) 373-3354 (single housing 107 S. Barry Street and family dwelling on S 2nd Street)

*****Golisano Childrens Hospital** (diagnosis of children for developmental disorders, mental health disorders/conditions) (585) 275-2986 601 Elmwood Avenue Rochester NY 14642

Greenleaf Counseling (Mark Magee) (Mental Health Counseling for children, some insurance & self pay) (716) 202-0615 96 S. Main Street, suite 202 Portville, NY 14770

*****Gundlah Dental Clinic** (Children and adult dental services) (716) 373-2600 Olean General Hospital 515 Main Street Olean

Harvest Field Ministries (food pantry & more) 406 West State Street Olean (716) 372-3711
Pastor Doug Travis

Healing Minds (Counseling services, self pay only) (716) 383-3675 323 N. Main Street
Holland

Healthy Community Alliance (insurance help, caregiver tech assistance & cribs for kids)
(716) 532-1010 1 School Street Gowanda NY 14070 **Olean contact: Lynda Chudy**
(716) 220-1554

Help Me Grow (Early Childhood Programs age 0-5) (716) 760-4769 1021 Broad Street
Buffalo

*****HHUNY (Health Home of Upstate New York)** (Care management services to adults with
chronic conditions) 1-855-613-7659 1099 Jay St. Bldg. J, 3rd floor, Rochester, NY 14611

IntTandem (provides a variety of services for identified people) (716) 375-4747
www.intandem.org 1439 Buffalo Rd. Olean

*****Jacobs Neurological Institute** (diagnosis and ongoing treatment of neurological disorders)
(716) 859-5600 Buffalo General Hospital 100 High Street Building E, Second Floor, Buffalo NY

Kinship Caregiver Programs (provides support to relative caregivers) (716) 372-0101
(through Catholic Charities) 2636 West State Street, Suite 301 Olean, New York 14760

Legal Assistance of Western NY (LAWYNY) (Free legal aid for civil matters, brief & advice)
1-888-767-1959. Olean office: Southern Tier Legal Services (716) 373-4701 103 S. Barry
Street Olean

*****Miriam Center for Hope & Healing** (multiple counselors, variety of insurances)
(716) 373-6735 112 S. Clinton St Olean

MW Mental Health Counseling (Counseling, private pay or BC/BS) (716) 202-0209 5659
West Shore Rd. Cuba NY 14727

NAMI (National Alliance on Mental Illness) (Advocacy, education & support for mental
illness including on line) (716) 226-6264 737 Delaware Ave Sute 217 Buffalo NY 14209

National Center for Missing & Exploited Children (provides lots of trainings and other
services) 1-800-THE-LOST (1-800-843-5678) Local Office: 610 Main Street Buffalo 14202
(716) 842-6333 or 1-877-446-2632

Olean Department of Labor (One Stop) (unemployment, employment, multiple
trainings/classes) (716) 373-1880 175 N. Union Street Olean

Olean City Court (legal) (716) 376-5621/5623 101 East State Street Olean

Olean Family Court (legal) (716) 379-6616 1 Leo Moss Drive Olean

Olean Food Pantry (free food) **(716) 372-4989** 1 Leo Moss Drive Olean (Many other food pantries in the area)

Olean General Hospital (medical) **(716) 373-2600** 515 Main Street Olean

Olean Motor Vehicle Department (driver services) **(716) 701-3343** 1 Leo Moss Drive Olean

Olean Public Library (many free programs for the entire community) **(716)372-0200**
134 N. 2nd Street Olean

Olean Warming House (free warm meals) **(716) 372-2805** 164 North Union Street Olean

Olean Youth Court (Paula Keenan, Youth Diversion Program, referral only) **(716) 376-5645**

On Track New York (mental health treatment program ages 16-30 through BestSelf Behavioral Health) **(716) 566-6188** 430 Niagara Street Buffalo NY 14201

Operation Warm Hearts (New clothing & other health related services, by appointment or during community events) **(716) 560-8811** 920 N. 4th Street Olean

OPWDD (Office of People with Developmental Disabilities) (multiple services available)
1-866-946-9733 or info@opwdd.ny.gov 44 Holland Avenue Albany, NY 12229.

Olean area contact: 1-800-487-6310

Paragon Behavioral Health Services (Counseling services-ages 12 and up, Self pay or BC/BS or Optum only) **(716) 790-8202** 2626 West State St., Suite 309 Olean

Parent Network (Education & resources for families of individuals with special needs)
(716) 332-4170 1000 Main Street Buffalo

Person Centered Services (Medicaid Services Coordinator/Case Manager) **1-888-977-7030**
intake department: 1090A Union Road, Suite 260, West Seneca, NY 14224

Phoenix Rising (counseling, some insurances) **(585) 728-1592** 2656 West State Street,
Suite 517 Olean, NY 14760

Prime Care Coordination (Medicaid Services Coordinator/Case Manager) **1-844-347-3167**
(option #1) 237 Delaware Ave., Suite 10 Olean

Recovery Options Made Easy (ROME) (Peer run advocacy, support, housing & respite for those recovering from any mental illness/addiction) **(716) 532-5508** 2626 West State Street
Olean

Rehabilitation Today Services (Counseling/Evaluations, self pay only) **(716) 372-3550**
784 Main Street Olean

*****The Resource Center** (medical/dental clinics) **(716) 661-1058**, resourcecenter.org
186 East 2nd Street Jamestown

*****The Resource Center** (mental health counseling age 4 up) **(716) 661-1447** 186 East 2nd
Street Jamestown

The ROC (Rural Outreach Center) Care Coordination, Counseling, Community Programs & Support (716) 240-2220 ext. 101 730 Olean Road East Aurora, NY 14052 www.theroc.com

Rural Minds: (National organization for mental health information and services specific to rural communities) **Jeffrey Winton** www.ruralminds.org

Safe Harbors (sex trafficking) (716) 372-8532 **Erin** c/o CAC 772 Main Street Olean, NY OR (716) 969-5119 **AI** c/o CCA 25 Jefferson Street Salamanca, New York 14779

Salvation Army (assistance with food, clothing, gas cards & eviction/shut off notices) (716) 372-6740 310 East State Street Olean

SANYS (Self-Advocacy Association of New York State) (self-advocacy activities & trainings) (716) 463-5035 or (716) 560-9307 Buffalo Office: 1021 Broadway Street, 4th floor, Buffalo NY

*****Seneca Nations Behavioral Health** (health services for Native Americans) (716) 945-5894, (716) 532-5582, (716)532-8223 987 R C Hoag Drive Salamanca

Social Security (benefits) 1-800-772-1213 or 1-800-325-0778 www.socialsecurity.gov

Southern Tier Health Care Systems (STHCS) (provides assistance navigating the insurance systems) (716) 372-0614 150 N. Union Street Olean

*****Spectrum Human Services** (Counseling age 5 and up) (716) 529-9301 27 Franklin St Springville NY

Starbridge (Services for Children or Adults with a developmental disability) (585) 259-4576 www.starbridgeinc.org

*****Stephens, Tom** (Counseling families, couples & individuals ages 3 & up) (716) 378-7210 114 S. 10th Street Olean

*****Stewart, Mary Lou (LCSW-R)** (virtual counseling for ages 18 and up only) (716) 244-2548

*****ToyTown Pediatric Dentistry** (pediatric, family & special needs dentistry & orthodontics) (716) 665-8880 100 Riley Street East Aurora NY 14052

*****Universal Primary Care Outpatient Mental Health Services** (counseling only for patients who have a primary care physician with UPC) (716) 375-7500 135 N. Union Street Olean

VA Outpatient Clinic (physical/mental health needs for veterans) (716) 373-7709 **(Option #7 for suicidal thoughts)** 455 North Union Street Olean

Veterans Service Agency (helps connects veterans to services they need, including eligibility) (716) 701-3298 1 Leo Moss Drive Olean

VSP (Vision Insurance help) vsp.com/about-vsp

WCA (Hospital/Psychiatric Center) (716) 487-0141 207 Foote Avenue Jamestown NY 14701

*****Western New York Children's Psychiatric Center** (Inpatient children's psychiatric services, some outpatient services & day treatment program) (716) 832-0720, (716) 532-2231 (716) 677-7000 1010 East & West Road West Seneca, NY 14224

WIC (Women, Infants & Children) (medical and nutritional assistance for pregnant/nursing mothers and children under 5, through the Health Dept) **(716) 373-8050** 1 Leo Moss Drive Olean

Y-Care (free after school programming for students at Washington West, East View & Olean Intermediate Middle School, at school) **(716) 373-2400 (Heather Crowner for WW & EV & Devin Kinney for OIMS)** (option for paid care available as well) **Register children through their school, at the YMCA or on the website: twintiersymca.org**

YMCA (various programs/activities for individuals and families, some free, some with fees) **(716) 373-2400** 1101 Wayne Street Olean